



## Post-Operative/ After SEDATION INSTRUCTIONS

I, Parent or Legal Guardian of \_\_\_\_\_, have received instructions on how to care for my child after dental treatment. I understand my child should have light day after sedation and should be under my care at **ALL TIMES**. If he/she is not being watched properly, my child could have a serious injury.

### The Following RISK could include but is NOT Limited to the Following:

- **Bleeding** if child had fillings below gum line, crowns and/or extractions
- **Swelling of the lips**, especially the lower lip from biting, sucking, or pinching of the lip
- **Soreness**, tenderness, pain from dental procedure performed
- **Dizziness** and/or drowsiness from the effect of the medication

### Caring after SEDATION

After the child is brought back to you, he/she will still be feeling sleepy. Make sure the child is not out of your sight; no playing, running around, or any hard activities. Doctors advise giving your child lots of cold fluids to help flush out the medication quicker. Patient is free to eat the following soft foods: Jell-O, Pudding, Apple Sauce, Mashed Potatoes, Mac & Cheese, Soups, Ice Cream, and Yoghurt etc. No eating hard, heavy or sticky foods until 24 hours after sedation. It is okay for child to take a nap as long as parent is constantly checking that they are breathing correctly every 15-30 minutes.

I hereby understand the instructions for my child that was given to me by the dental staff of Sunny Dental

\_\_\_\_\_  
Parent Signature:

\_\_\_\_\_  
Date:

\_\_\_\_\_  
Assistant Signature:

\_\_\_\_\_  
Date: